



Frankston Mornington Peninsula Partners In Recovery

WHO DO I CALL?

To find out more about how Partners In Recovery (PIR) can assist you or someone you care about, please phone any of the following numbers.

Monday to Friday 8.30-5.00 pm.

PIR Intake Service: 1300 642 774

Mentis Assist: 1300 636 847

www.mentisassist.org.au

MI Fellowship: 03 9784 6800

www.mifellowship.org



Our Vision

Optimum personal recovery and wellbeing.

Our Purpose

To provide opportunity for people living with mental illness and/or complex needs to enjoy a meaningful life by strengthening self-identity, personal responsibility and hope

We Believe

Recovery-orientated practice is a partnership where the person with the lived experience is the expert in their recovery and our staff bring their understanding and expertise to support this journey

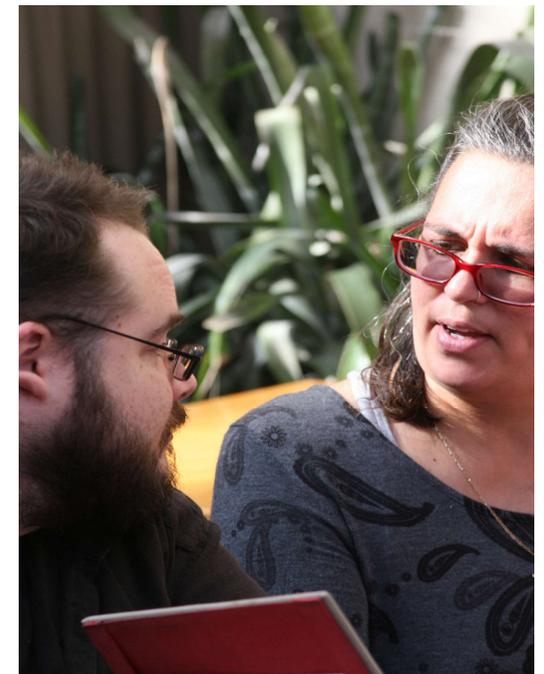
Our Guiding Principles

Respect and Dignity, Acceptance of Diversity, Reflective Practice, and Strengths' Based, Person-Centred, Flexibility and Innovation, Collaborative Partnerships, Community Connection and Participation



Frankston Mornington Peninsula Partners In Recovery

Assistance to access
the supports and
services you need



HOW PARTNERS IN RECOVERY WORKS FOR YOU

Finding your way through the maze of mental health and other services can be confusing and overwhelming. There are so many agencies and programs offering different types of supports all with varying eligibility criteria's. Wouldn't it be great if there was someone who could assist you to access the services and supports you need?

Our Support Facilitators can work with you to identify your strengths, challenges and personal goals and will assist you to develop your Action Plan. This guides the work we do together and identifies other supports to break down the barriers that have been preventing you living the life you want.

Partners In Recovery is an initiative that is available to people living in the Frankston Mornington Peninsula areas who:

- Experience ongoing serious mental illness with complex support needs
- Find it difficult to access the services and supports they want and need
- Want to improve their general and mental health wellbeing and become more independent.



GETTING TO KNOW YOU

- Identifying what's important to you now and in the future.
- Making a plan to get you there and finding out who and what can assist you to achieve this.

CONNECTING THE DOTS

- Work along side you to support, guide and problem solve.
- Link you with services and other supports in the community.

KEEPING ON TRACK

- Reflecting on your progress.
- Checking in with your 'support team' (services, health providers and family/friends).

"I feel empowered to be able to focus on outcomes instead of problems, so therefore I feel better mentally. It's ok to focus on myself. Building self-esteem and realising that change within me is possible". Anonymous

PARTNERS IN RECOVERY

The Frankston-Mornington Peninsula Partners in Recovery (FMP PIR) initiative aims to improve system response to, and outcomes for, people with severe and persistent mental illness along with complex needs.

PIR Support Facilitators provide wrap around care that is individually tailored to the person's needs by coordinating formal/informal supports and services.

Through working in collaboration with other health and service providers, FMP PIR teams aim to develop streamlined referral pathways that provides easier access for our mutual clients.

